

Holistic Dental Care For Your Patients

Supporting clinicians with holistic, specialist dental care.

What We Offer:

Ozone therapy Ceramic and titanium implants SMART amalgam removal Biological hygiene treatment Myofunctional therapy Paediatric dentistry Osteopathy Root canal therapy





Easy 3 Step Referral Process: Refer → We treat → We return to you.

hello@optimaldental.co.uk 0203 921 1000 | 0778 848 7113 www.optimaldentalhealth.co.uk

Why Refer To Us?

Our goal is to support, not compete, with your practice.

Email Us:





How To Refer:

- 1. Send patient details, referral reason and any supporting documents.
- 2. We arrange a consultation
- 3. We treat and return to you with a summary

Post-Treatment Correspondence

Rest assured, once their treatment is complete, we will send them back to your practice for ongoing care.

Get In Touch With Our Team Today



Dr James Goolnik - Holistic Dentistry

Dr Goolnik is a renowned dentist with extensive experience in holistic dental care.



Dr Preiss is an Invisalign & cosmetic dentist with extensive experience in smile makeovers and minimally-invasive techniques.



Sara Johnstone - Paediatric Specialist

Dr Sara Johnstone is a specialist in Children's dentistry. Focusing on unique needs and dental anxiety from early ages.



Dr Jahnigen specialises in implant dentistry, offering both ceramic and titanium implant solutions.





Brooke Shipp - Biological Dental Cleaning

Brooke is dedicated to promoting optimal oral health through preventive care, education and bespoke oral hygienist plans.



Anna has advanced training in restorative dentistry and CBCT radiological interpretation.





Zara Stella - Nutritional Therapy

Zara provides tailored nutritional guidance to support overall health and well-being through bespoke nutrition guidance and support.



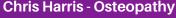
Jenny focuses on assessing and improving oral and facial muscle function, improving breathing, chewing and swallowing.





Aoife Stack - Airway & Orthodontics

Trained in airway-focused dentistry and orthodontics, including clear aligners and fixed braces.



Specialises in the new field of Osteodontics as well as Cranial and general Osteopathy.

